

Croft Surgery Winter News- letter September 2023

List of Croft Surgery Doctors-

Dr S Sandhu, Adult Safeguarding Lead and MDT Lead (Male)

Dr A Cunningham, Children Safeguarding Lead (Female)

Dr A Sharif (Female)

Dr K Mal (Female)

Dr K Naseem (Male)

Dr B Majeed (Female)

Dr C Mathias (Male)

Dr A Thomas Partner GP (Male)

Dr S Gill Partner GP (Male)

List of Croft Surgery Nurses-

Mrs S Paul, Advanced Nurse Practitioner (Female)

Mrs J Bradley, Practice Nurse (Female)

Mrs D Blakemore, Heath Care Assistant (Female)

Additional Staff-

Pharmacists-

Mr S Mir (Male)

Mr B Chavda (Male)

Miss A Ejaz, pharmacy technician (Female)

Paramedic-

Miss A Williamson (Female)

Physiotherapist-

Mrs I Nagree (Female)

Mental Health Nurse-

Mr Craig Andrews (Male)

Social Prescriber-

Mrs J Seehra (Female)

Midwife-

Miss S Allen (Female)

Extended Access (Out Of Hours)-

Mon-Fri 8AM (phone lines open to book appointments), clinic runs from 6:30PM-9PM

Saturday 9AM-5PM

Opening Hours-

Mon, Tues, Wed and

Fri 8AM-6:30PM

Thurs 7AM-6:30PM

Sat-Sun-Closed

Triage for appointments-

You may not need to see a GP as our Pharmacists and ANP nurse can prescribe for minor ailments. This is the reason our receptions will ask a brief reason for your appointment to book you with the most suitable clinician.

Travel information-

We also offer travel vaccines; please collect the forms from the surgery and complete at least 8-10 weeks before you travel to ensure we can vaccinate you.

Winter 2023 Season!

Book your flu vaccine via the NHS app/ Patient Access or call us on 01902 600900

Covid 19 Booster Vaccine

Patients who are housebound and live in care homes the surgery will vaccinate.

Otherwise please call 119 or use the self booking link via the NHS website

[Book, cancel or change a COVID-19 vaccination appointment - NHS \(www.nhs.uk\)](https://www.nhs.uk)

Have you seen our new website?

You can use the self refer services to refer yourself to **Podiatry, Minor Eye Conditions and to Midwives if you are newly pregnant.**

[Croft Surgery - Willenhall Medical Centre, Gomer Street, Willenhall, WV13 2DR](https://www.croftsurgery.co.uk)

Did you know you are eligible for a shingles vaccine if you are over 65? Its simple to book, one injection then one more in six months time. Call us to book in!

Talking Therapies Service Walsall -

01922 608400

For every appointment you have at the surgery you will be sent a friends and family test, please leave suggestions for the surgery. As your feedback matters to help us improve.

Contact us on-01902 600900 OR

croft.prescription@nhs

Message for new patients!

For ANY children we require previous vaccine history, regardless of previous country.

WHAT IS NOROVIRUS ?

According to Mayo Clinic Norovirus infection can cause the sudden onset of severe vomiting and diarrhea. The virus is highly contagious and commonly spread through food or water that is contaminated by fecal matter during preparation. You can also be infected through close contact with an infected person.



SYMPTOMS:

Appear between **24** and **48** hours and can last 1-3 days

- Nausea
- Vomiting
- Abdominal Pain or Cramps
- Watery or Loose Diarrhea
- Malaise
- Low-grade Fever
- Muscle Pain



WHO IS MOST LIKELY TO GET NOROVIRUS?

- Everyone is susceptible to Norovirus
- Most common in infants, older adults and people with underlying disease



LONG ACTING REVERSIBLE CONTRACEPTIVES

No pills = No fuss

Intrauterine device (IUD)



Small, flexible plastic and copper device
FIT & FORGET: 5-10 years
AKA "copper coil" or "Mirena"
Over 99% Effective
Available @WISH
[click to learn more](#)

The Contraceptive Implant

Small flexible plastic rod just under the skin
FIT & FORGET: 3 years
40x2mm - size of a matchstick!
Over 99% Effective
Available @WISH
[click to learn more](#)



Contraceptive Injections

Just 4 visits a year @Croft Surgery
FIT & FORGET: 3 months
13 weeks of Protection
94% Effective with typical use
[click to learn more](#)

[CLICK TO COMPARE](#)

FOR MORE INFORMATION BOOK AN APPOINTMENT
@CROFTSURGERY / @WISH FOR A CHANGE TODAY!

Meningitis and septicaemia can kill

Know the signs and symptoms

Trust your instincts and get urgent medical help

Symptoms can appear in any order - some may not appear at all. Someone with meningitis or septicaemia can get a lot worse very quickly. Keep checking them.



fightfornow.org
@meningitisnow
Meningitis Helpline 0800 80 10 388 (UK)

fb.com/MeningitisNow
@meningitis_now

