# **Croft Surgery Winter News**letter September 2023

# List of Croft Surgery Doctors-

Dr S Sandhu, Adult Safeguarding Lead and MDT Lead

Dr A Cunningham, Children Safeguarding Lead (Female)

Dr A Sharif (Female)

Dr K Mal (Female)

Dr K Naseem (Male)

Dr B Majeed (Female)

Dr C Mathias (Male)

Dr A Thomas Partner GP (Male)

Dr S Gill Partner GP (Male)

# List of Croft Surgery Nurses-

Mrs S Paul, Advanced Nurse Practitioner (Female)

Ms J Bradley, Practice Nurse (Female)

Mrs D Blakemore, Heath Care Assistant (Female)

# Additional Staff-

#### Pharmacists-

Mr S Mir (Male)

Mr B Chavda (Male)

Miss A Ejaz , pharmacy technician (Female)

# Paramedic-

Miss A Williamson (Female)

#### Physiotherapist-

Ms I Nagree (Female)

# Mental Health Nurse-

Mr Craig Andrews (Male)

#### Social Prescriber-

Ms J Seehra (Female)

#### Midwife-

Miss S Allen (Female)

# **Extended Access (Out Of Hours)-**

Mon-Fri 8AM (phone lines open to book appointments), clinic runs from 6:30PM-9PM

Saturday 9AM-5PM

# **Opening Hours-**

Mon, Tues, Wed and

Fri 8AM- 6:30PM

Thurs 7AM-6:30PM

Sat - Sun - Closed

# **Triage for appointments-**

You may not need to see a GP as our Pharmacists and ANP nurse can prescribe for minor aliments. This is the reason our receptions will ask a brief reason for your appointment to book you with the most suitable clinician.

#### **Travel information-**

We also offer travel vaccines; please collect the forms from the surgery and complete at least 8-10 weeks before you travel to ensure we can vaccinate you.

#### Winter 2023 Season!

Book your flu vaccine via the NHS app/ Patient Access or call us on 01902 600900

# **Covid 19 Booster Vaccine**

Patients who are housebound and live in care homes the surgery will vaccinate.

Otherwise please call 119 or use the self booking link via the NHS website

Book, cancel or change a COVID-19 vaccination appointment - NHS (www.nhs.uk)

## Have you seen our new website?

You can use the self refer services to refer yourself to Podiatry, Minor Eye Conditions and to Midwives if you are newly pregnant.

Croft Surgery - Willenhall Medical Centre, Gomer Street, Willenhall, WV13 2DR

Did you know you are eligible for a shingles vaccine if you are over 65? Its simple to book, one injection then one more in six months time. Call us to book in!

Talking Therapies Service Walsall -

01922 608400

For every appointment you have at the surgery you will be sent a friends and family test, please leave suggestions for the surgery. As your feedback matters to help us improve.

> Contact us on-01902 600900 OR croft.prescription@nhs

Message for new patients!

For ANY children we require previous vaccine history, regardless of previous country.

# WHAT IS NOROVIRU

According to Mayo Clinic Norovirus infection can cause the sudden onset of vomiting and diarrhea. The virus is highly contagious and commonly spread through food or water that is cont inated by fecal matter during preparation You can also be infected through close contact with an infected person.



#### SYMPTOMS:

Appear between 24 and 48 hours and can last 1-3 days

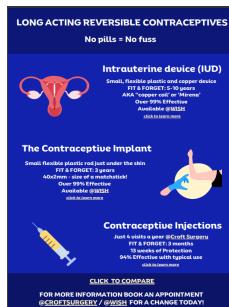
- Nausea
  - Vomiting
  - **Abdominal Pain or Cramps**
  - Watery or Loose Diarrhea
  - Malaise
  - Low-grade Fever
  - Muscle Pain



# WHO IS MOST LIKELY TO GET NOROVIRUS?

- Everyone is susceptible to Norovirus
- Most common in infants, older adults and people with underlying disease





# **Meningitis and** septicaemia can kill

Know the signs and symptoms

Trust your instincts and get urgent medical help

Symptoms can appear in any order - some may not appear at all. Someone with meningitis or septicaemia can get a lot worse very quickly. Keep checking them.

























